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Member:  
 Association of Pet Dog Trainers 



Clockwise from Top Left: Dog Walk; Weave Poles; Tyre Jump and Jump.

*“The sport demands physical agility, speed, and skill, but, most of all, teamwork.”*

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### Agility – Staying the Course

The dog sport of Agility is faced paced and a thrill for spectators as it is for its canine and human handlers. At it's most basic, Agility requires you and your dog to successfully navigate a course of 16 to 20 obstacles under a standard time. Many of the jumps look similar to those found in horse show jumping competitions.

Human handlers run with the dogs on the course to guide and encourage them, but they may not touch the dogs or the obstacles during a competitive run. The sport demands physical agility, speed, and skill, but, most of all, teamwork. To succeed, a dog must be fast and keen, but must also accept direction from his human partner. This is a sport that tests mental and physical agility, if you're looking to get fit and really 'work' your dog's body and mind, this is the sport for you.

### Anatomy of the course

The Dog Walk is a raised, narrow plank that the dog must cross as quickly as possible without sacrificing safety or missing the contact zone on the exit ramp.

The Pause Table is a raised square table upon which the dog must do a sit-stay or a down-stay for 5 seconds. The height will vary depending on the class of the event.

The See-saw is difficult to master because the dog must walk across a moving narrow plank, tip it and hit the contact zone at the end before leaving the obstacle.

Jumps come in a variety of shapes. The Hurdle looks similar to a bar style jump used in horse show jumping. The Long Jump consists of five low planks spaced slightly apart and raised off the ground. The Wall Jump is a solid jump built and painted to resemble a wall. This type of jump consists of two uprights with a solid piece between. All elements of a

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Hurdle Jump.



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